OPTIONAL HCM* Lining (cm) Code XS XS 53-54 S 55-56 M M 57-58 Ш 1 59-60 XL XL 61-62 IV XXI 63-64 V XXXI

INTERIOR LINING THICKNESSES

*HCM (Head Circumference Measurement) should be a starting point only in determining your helmet size. Determining the best possible fit should be from actual test fittings of Arai's various interior fit packages. Changes and updates can affect the standard pad thickness supplied with your helmet.

CHECK PAD THICKNESSES

XXXI

XS M ΧI XXI XXXL

REGENT-X		
Thicker (mm)	Standard (mm)	Thinner (mm)
30	25	20
30	25	20
30	25	20
25	20	15
25	20	15

REGENT-X



40mm and 35mm Cheek Pads are available by special request. Please see your local authorized Arai dealer or visit us at the araiamericas.com website.