



Head Measurement

Size	Head (centimeters)	Head (inches)
S	55 ~ 56cm	21 1/2 - 21 7/8in
M	57 ~ 58cm	22 1/4 - 22 5/8in
L	59 ~ 60cm	23 - 23 1/2in
XL	61 ~ 62cm	23 7/8 - 24 1/4in
XXL	63 ~ 64cm	24 5/8 - 25in

HOW TO MEASURE:

1. Wrap a soft, flexible measuring tape horizontally around your head 1 inch above your eyebrows and ears. Pull the tape softly snug, read the length and repeat for accuracy. Use the largest measurement.
2. Select the helmet size that is closest to your head measurement from the Size Chart above. If your head measurement falls between two helmet sizes, it is suggested to go with the larger size.