

SIZING

Measuring your head for helmet fitment is the right place to start, but it is only a guideline. Different shapes of heads might require a slightly smaller or larger helmet in any given model. **Trying on the model you are interested in is always recommended.** A helmet should be as snug as possible, without being so tight that it will give you a headache. It's best to be fitted by a professional.

ADULT		HEAD CIRCUMFERENCE	
SIZES	CENTIMETERS	INCHES	
XXS	51-52	20 - 20 1/2	
XS	53-54	20 7/8 - 21 1/4	
S	55-56	21 5/8 - 22	
M	57-58	22 1/2 - 22 7/8	
L	59-60	23 1/4 - 23 5/8	
XL	61-62	24 - 24 3/8	
XXL	63-64	24 3/4 - 25 1/4	
3XL	65-66	25 5/8 - 26	
MINI/JUNIOR		HEAD CIRCUMFERENCE	
SIZES	CENTIMETERS	INCHES	
S	49-50	19 1/4 - 19 3/4	
M	51-52	20 - 20 1/2	
L	53-54	20 7/8 - 21 1/4	

MEASUREMENT

1

Begin by **measuring the circumference of your head** with a tape measure or a lengthy string that you can line up with a ruler. Start above the ear and circle around completely, resting it in about a half inch above the eyebrows and at the fullest part in back. Measure multiple times to ensure you don't measure too small or large.

2

Compare your measurements with the **size chart above**. If your measurement falls between two sizes, opting for the larger size is recommended.

