

1. Wrap a tape measure around your hand at your knuckles



2. Make a fist, measure the distance completely around without pulling the measuring tape too tight

Glove Size	Hand Size (inch)
3XL	11.0 < 11.5
2XL	10.5 < 11.0
XL	10.0 < 10.5
L	9.5 < 10.0
M	9.0 < 9.5
S	8.5 < 9.0
XS	8.0 < 8.5
2XS	7.5 < 8.0